2017 NM CAQ Rubber Ducky Races Part One

Hosted by Charger Aquatics
May 13, 2017
Pool Elevation 5410 Feet

Sanction: This meet is being held under the sanction of USA Swimming and New Mexico Swimming. The sanction number is: USA Swimming: NMS17007B

Facility: Peter and David Barney Competition Pool on the grounds of Albuquerque Academy, 6400 Wyoming Blvd NE, Albuquerque, New Mexico, 87109. Eight competitive lanes in a 25 meter x 25 yard pool with a minimum depth of 7 feet. Continuous warm up/cool down available in a separate six (6) lane 25 yard pool. Colorado Timing System and Scoreboard will be used. The competition course is certified in accordance with 104.2.2c.

There is no food or drink, other than water, allowed on the deck of the Natatorium. Swimmers and coaches with food on the deck will be asked to move upstairs to the general seating area.

Eligibility: The meet is open to all 2017 USA Swimming registered athletes. Novice sanction rules apply: Participants must not have attained the B Motivational Qualifying Time in each event. The host team is exempt from this rule if they so choose. All participating teams must return the attached certification of USA Swimming registration signed with their entries. There will not be an opportunity to obtain a valid USA Swimming number or registration at the competition. USA Swimming Athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.

Liability: New Mexico Swimming, USA Swimming, Charger Aquatics Swim Club, Albuquerque Academy, all meet sponsors, and all meet officials shall be held free from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet. Damage to the facility, when proved, will cause the offending swimmer if unattached or the offending swimmer’s club if attached to be held accountable for repairs.

Format: This is a timed final, short course meters meet. All events will be pre-seeded from slowest to fastest. Relays and individual events will alternate girls and boys. Fly-over starts may be used to control the timeline if it is deemed necessary to complete the session within the requirements of New Mexico Swimming rules.

Rules: 2017 USA Swimming Rules and Regulations govern this meet, except as noted in this meet information. See attached order of events for the list of events and their schedule.

Coaches: If needed, there will be a coaches meeting approximately 10 minutes prior to the start of each session. All coaches must display their current USA Swimming Coaches’ card while on deck at the meet.

Meet Directors: Carolyn Snyder, snyder@aa.edu
John Butcher, Butcher@aa.edu

Swimwear: Swimwear must conform to those rules specified in the USA Swimming Handbook 102.8 SWIMWEAR.

Disabled Swimmers: Disabled swimmers are welcome. Please contact the Meet Referee if special considerations are needed.

Unaccompanied Swimmer: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
Locker Rooms: “Use of audio or visual recording devices, including a cell phone camera is not permitted in changing areas, restrooms or locker rooms.”

Drones: Drones are prohibited over venues any time athletes, coaches, officials and/or spectators are present.

Deck Changes: Deck changes are strictly prohibited.

Entries: All swimmers may swim a maximum of 4 individual events and 1 relay. **All registrations will be verified.** No on deck USA registrations will be accepted. The swimmers age as of May 13, 2017 shall determine their age for the meet.

Entry Fees: Entry fees are $4.00 per event, $8.00 per relay. There is a LSC swimmer surcharge of $4.00 and $7.00 pool usage fee. Entries received after the entry deadline will be $5.00 for individual events, $10.00 per relay.

Entry Deadline: All entries must be received by Wednesday May 3, 2017 at 11:59PM. Please send electronic entries to: John Butcher, butcher@aa.edu

Mail payment to:
Charger Aquatics
Albuquerque Academy Natatorium
6400 Wyoming Blvd NE
Albuquerque, NM 87109

**YOU MUST INCLUDE THE NAME, EMAIL ADDRESS AND PHONE NUMBER OF THE PERSON WHO PREPARED THE ENTRIES FOR CLARIFICATION PURPOSES.**

Entry Process: Email the Entry File as an attachment to butcher@aa.edu. Attach a meet entries report by name in Word format.

Full payment can be made by Team Check or Cashier’s Check and mailed to the address above.

Deck Entries: Deck entries will be limited to open lanes on a first come, first serve basis. Deck entries will be $5.00 per individual event, $10.00 per relay.

Warm-Up Procedures:
Warm-up times are listed on the schedule of events page.
**Should the number of swimmers in the meet warrant an additional warm-up session, one will be created and the teams notified of their specific warm-up time.**

**Sessions 1:**
The following rules apply:
**General warm-up (35 minutes):**
• No diving from the blocks or pool edge; swimmers must enter the water using the 3 point entry.
• No sprinting or pace work permitted
• All lanes to be used for general warm-up
**Specific warm-up (15 minutes)**
• Push/pace – lanes 1 and 8. Push off from starting end. Circle swimming only. NO DIVING
• Racing starts – lanes 2 through 7. Sprint lanes are for race starts and backstroke starts, swimming in one direction only.
• General warm-up – in the six-lane pool. No diving or sprinting. Circle swimming only.

Continuous warm-up/cool-down will be available in the separate six-lane pool. Lanes will not be assigned.
Meet Referee: Pam Medley, pammedley31@gmail.com

Administrative Official: John Butcher butcher@aa.edu
              Tom Cyprus Cyprus@aa.edu

Scoring/Awards:
All swimmers shall receive a participant award; heat winners shall receive a rubber ducky.

Programs, Heat Sheets, Psych Sheets and Final Results:
Programs will be available at a one time charge of $5.00. Final results will be emailed to all participating teams and also posted on the New Mexico Swimming website: www.nmswim.org

Hospitality and Concessions:
Food concessions will be available at the meet. Officials and coaches will be provided with meals and refreshments in the hospitality area.

Officials and Timers:
Volunteer timers and officials are always welcome and encouraged.

Safety Guidelines:
Safety Marshals shall be on deck to enforce the safety guidelines. The marshals, under the direction of the Meet Referee, shall have the authority to remove any swimmer or coach found to be in violation of unsportsmanlike conduct, swimming ethics, or procedures outlined in the meet information. USA Swimming certified coaches shall direct their swimmers regarding the safety guidelines and warm-up procedures. All swimmers must be supervised by a certified USA Swimming Coach throughout the warm-up session.
2017 Rubber Ducky Races Part One
Order of Events

| Session 1 – Saturday Morning | Warm-ups 11:30am  
| Meet starts 12:30pm |
|-----------------------------|------------------|
| EVENT # (Girls/Boys)       | EVENT DESCRIPTION |
| 1/2                      | 8 & Under 100 Medley Relay |
| 3/4                      | 12 & Under 200 Medley Relay |
| 5/6                      | 10 & Under 50 Fly |
| 7/8                      | 11-12 50 Fly |
| 9/10                     | 8 & Under 25 Back |
| 11/12                    | 8 & Under 25 Breast |
| 13/14                    | 10 & Under 50 Free |
| 15/16                    | 11-12 50 Free |
| 17/18                    | 8 & Under 25 Fly |
| 19/20                    | 8 & Under 25 Free |
| 21/22                    | 10 & Under 50 Back |
| 23/24                    | 11-12 50 Back |
| 25/26                    | 10 & Under 100 IM |
| 27/28                    | 11-12 100 IM |
Charger Aquatics

2017 Rubber Ducky Races Part One
May 13, 2017

Swimmer’s Name ____________________________

(Last) ________ (First) ________ (Middle) ________

Birth Date ______________ USA Swimming # ________________

Team______________ Sex ____ Age __________

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Swimmers may compete in 4 individual events and 1 relay per day.

Each Event ($4.00) $ _____

Surcharge (NMS & Pool) + $ 11.00

Total Fee $ _______
TEAM MASTER ENTRY FORM – ONE PER TEAM

TEAM _______________________________________ CLUB CODE ________________

Total Number of events _______ X $4.00 = $________
Total Number of Relays _______ X $8.00 = $________
Swimmer Surcharges (NMS + Pool fee) _______ X $11.00 = $________

TOTAL FEES FOR TEAM $________

Please send ONE Team Check or Cashier’s Check payable to: Charger Aquatics

**USA SWIMMING REGISTRATION VERIFICATION STATEMENT**

I CERTIFY THAT ALL SWIMMERS AND COACHES OF

SWIM TEAM ENTERED IN THE 2017 CAQ Rubber Ducky Races Part One ARE CURRENTLY
REGISTERED MEMBERS OF USA SWIMMING.

_______________________________________________ ________________________
SIGNATURE DATE

___________________________________________
PRINTED NAME TEAM POSITION

_________________________________________
PHONE NUMBER

Final results will be posted on the NM Swimming web site and each registered team will receive a
results file for import.

COACHES: __________________________________  __________________________________
_________________________________________
_________________________________________

Email Results to: ____________________________

** This form must be mailed with Team entries, or turned in to the Meet Director before the meet.